

**Item: 8.6**

<b>Report to:</b>	Primary Care Commissioning Committee
<b>Date of Meeting:</b>	Friday 22 April 2022
<b>Title of Report:</b>	Learning Disability Annual Health Checks 21/22
<b>Presented by:</b>	Kate Memluks – Commissioning Lead - Quality
<b>Author:</b>	Kate Memluks – Commissioning Lead - Quality

**STATUS OF THE REPORT:**

To approve	<input type="checkbox"/>	To endorse	<input type="checkbox"/>
To ratify	<input type="checkbox"/>	To discuss	<input type="checkbox"/>
To consider	<input checked="" type="checkbox"/>	For information	<input type="checkbox"/>
To note	<input checked="" type="checkbox"/>		

**PURPOSE OF REPORT:**  
The purpose of this report is to provide members with an update on the support provided to GP Practices to enable them to increase the number of completed Learning Disability Annual Health Checks.

**RECOMMENDATIONS:**

- The committee note the contents of the report.
- The committee considers the actions and outcome detailed within the report.

**REPORT EXEMPT FROM PUBLIC DISCLOSURE** No  Yes

If yes, detail grounds for exemption

**CCG STRATEGIC OBJECTIVE**

Support the delivery of the priorities set out in the operational planning guidance, NHS Long Term Plan and the White Paper.

Maintain accountability for commissioning health services to meet the reasonable health needs of the people of Hull, but targeting in particular the most disadvantaged in local communities.

The importance of Learning Disability patients receiving their annual health check is highlighted in the NHS Long Term Plan - Reduce health inequalities, improving uptake of annual health checks.

NHS Hull CCG have commissioned the Wellbeing Service to provide support and guidance to GP practices to enable them to meet the reasonable health needs of the people of Hull and targeting in particular the most disadvantaged in local communities.

**IMPLICATIONS:**

Finance	GP Practices are able to claim £140 per patient check via the DES, elements of the check also count towards the practice QOF scheme.
HR	There are no HR implications.
Quality	Providing quality annual health checks will improve the health of the population and support early diagnosis of long-term conditions and cancer.
Safety	A series of safety inequities have been identified for people with learning disabilities, the completion of the LD AHC mitigates the patient safety risk.

**ENGAGEMENT:** There are no engagement requirements identified with this report.

**LEGAL ISSUES:** There are no legal issues identified with this report.

**EQUALITY AND DIVERSITY ISSUES:** (summary of impact, if any, of CCG’s duty to promote equality and diversity based on Equality Impact Analysis (EIA). **All** reports relating to new services, changes to existing services or CCG strategies / policies **must** have a valid EIA and will not be received by the Committee if this is not appended to the report)

	<b>Tick relevant box</b>
An Equality Impact Analysis/Assessment is not required for this report.	X
An Equality Impact Analysis/Assessment has been completed and approved by the lead Director for Equality and Diversity. As a result of performing the analysis/assessment there are no actions arising from the analysis/assessment.	
An Equality Impact Analysis/Assessment has been completed and there are actions arising from the analysis/assessment and these are included in section xx in the enclosed report.	

**THE NHS CONSTITUTION:**

The report supports The NHS provides a comprehensive service, available to all principle of the NHS Constitution.

# LEARNING DISABILITY ANNUAL HEALTH CHECKS UPDATE

## 1. INTRODUCTION

The purpose of this report is to update members on the support given to GP practices and the outcome of the 21/22 performance in relation to Learning Disability Annual Health Checks.

Hull GP practices have achieved 73% completion of patients on the Learning Disability register receiving the checks during 21/22, this has exceeded the target of 67% set by the TCP.

## 2. BACKGROUND

The Chair of the committee requested more information following a report which was presented to the CCG Quality and Performance Committee.

People with a learning disability often have poorer physical and mental health than other people. An annual health check can improve people's health by spotting problems earlier.

In order to reduce the risk of increased unnecessary deaths in people with a learning disability during the coronavirus outbreak it is essential that annual health checks continue to be carried out.

People with a learning disability can sometimes find it hard to know when they are unwell, or to tell someone about it. A health check once a year gives people time to talk about anything that is worrying them and means they can get used to going to visit the doctor.

Anyone over the age of 14 with a learning disability, can have an annual health check. Children would usually see a different doctor until they are 14 years old.

Practices are encouraged to offer an annual health check to all patients aged over 14 years old who are on their Learning Disability register.

## 3. INFORMATION

The CCG commission The Wellbeing Service to support all GP Practices in Hull regarding annual health checks for people with a learning disability. They provide:

- Audits of GP LD registers
- LD DES training
- LD awareness training
- Easy read tools and resources
- Accessible invite letter
- Health check booklet and tools and resources to support professionals
- Cancer screening and Immunisation resource

The service also provides workshops for staff/carers and people with learning disabilities about the LD annual health checks and offers support to patients/carers when completing the health check booklets.

The CCG have worked with practices and the Wellbeing Service to improve the data quality of the Learning Disability registers.

### **The Health Check Booklet**

The Health Check booklet helps prepare patients and carers for the annual health check, a System 1 template has been designed for the annual health check that works in conjunction with the booklet and is available to any practice via the Wellbeing Service. Patients are advised to take this booklet with them if they attend other health services as it helps staff identify that they may need additional support.

The Health Check Booklet has been designed by the Wellbeing Service with help from Mencap Self Advocacy group, the Health Sub Group, Learning Disability Partnership Board, CASE and Humber Community Learning Disability Services.

Booklets have been distributed to staff/carers and people with learning disabilities, with training provided to all on the importance of attending their annual health check, and support given with completing the booklet.

### **Action for practices**

Practices are asked to review public health screening to ensure that if a referral is needed it occurs and that the provider of the screening is aware of any learning disability and additional requirements.

All information is available on the CCG PIP and also on CHCP Wellbeing Service website.

### **Additional support for 22/23**

Due to the response that the Wellbeing service had received following the offer of HCAs into practices to support the increase of SMI annual health checks it was agreed that the mutual aid support would be offered in relation to LD AHCs.

The Wellbeing Service contacted a number of practices in Hull and arranged for their team to go into the practice and carry out the annual health checks and also follow up to check patients attended appointments we booked them in for to collect medications, have bloods taken and that they have received referrals for any issues picked up.

### **FIT Testing**

In response to the national ask of increasing the number of FIT Tests completed by patients with learning disabilities, the CCG and the Wellbeing service linked in with NHS England and the Screening and Immunisation Team to provide additional information to patients who were on the LD register who would be receiving their FIT test kits in the post in the next month. The Wellbeing Service produced a video and

Easy Read guide explaining how to use the kit. The video and Easy Read guide have been shared nationally to support other areas.

## Performance

The NHS Long Term Plan set an ambition that by 2023/24, at least 75% of people aged 14 or over with a learning disability will have had an annual health check.

For 21/22 the national target was set at 75%, however the TCP set a local target of 67% which has been achieved. For 22/23 the local target is 75% and 23/24 is 85%.

Since 1 April 2022 the Wellbeing service are focusing on the patients who had not received their annual health check in 21/22.

Year	Hull CCG - Completed LD AHCs for over 14s.
18/19	33%
19/20	43%
20/21	53%*
<b>21/22</b>	<b>73%</b>

\*TCP agreed 60.4% for 20/21; however, RAIDR reported 64.06%

The CCG now collate and report the data as there have been a number of discrepancies in with the national data.

The range of performance per practice is between 33% and 100%, the data has been shared with all practice managers and the practices have been encouraged to share good practice and learn from the practices within their PCNs to improve the completion rates across the city.

## 4. RECOMMENDATIONS

It is recommended that the members note and consider the content of this report.