

Joining Working Voices gives local businesses direct access to a range of services which can support employee health and wellbeing.

- NHS Health Checks
- Emotional wellbeing; stress management, mindfulness, mental health first aid
- Support to become a "Mindful Employer"
- Access to smoking/drugs/alcohol/weight management services
- Physical activity options
- Access to health campaign <u>materials</u>

Quite simply we'd like to ensure your workforce have an opportunity to have their say about local NHS services through consultation. The frequency and method of engagement can be tailored to the needs of each business.

We also want to help businesses in their efforts to support a healthy workforce. There are opportunities for referral to a wide range of health and lifestyle services.



What's the next step?

www.nhshullccg.nhs.uk

If you are interested we'd like to come and talk to you about what you think would work best for your staff and for you as an employer. We will develop an activity plan tailored just for your business and you will then have a direct link into the NHS for future support.

Email: HullCCG.Contactus@nhs.net

Tel: 01482 344 700
Twitter: @nhshullccg
Facebook: NHSHullCCG





Working Voices is an NHS programme which aims to reach people at work. We want employees to have their say about local health services and also benefit from better links between employers and the NHS to support access to health and lifestyle services.

when and where its services are delivered so that it can meet health needs now and in the future. People are living longer and with that comes to help people live with long term conditions like asthma, diabetes and heart disease. We want to help people to stay as well as possible for as long as possible by providing care at or closer to home and giving them the knowledge and support to help them take better care of themselves.

All this takes time and planning: What services? What communities? What information? What support?

tell us. But, The vast majority of workers don't have the spare time to have their say about NHS services

these people don't have time outside work to get involved NHS services.

The NHS wants patients to be at the heart of service planning, so we're looking for employers like you who would be willing to help.







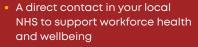




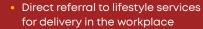












- Access to health campaign information
- Opportunities to attend health seminars tailored to businesses
- Support to create workplace wellbeing events
- Good publicity we'll be sharing our partnership working across the NHS and social media



















