



“What support is available?”

Joining Working Voices means your employer has access to a range of services & information to support employee health & wellbeing.

- NHS Health Checks
- Emotional wellbeing; stress management, mindfulness, mental health first aid
- Support to become a “Mindful Employer”
- Access to smoking/drugs/alcohol/weight management services
- Physical activity options
- Access to health campaign materials



Quite simply we'd like to ensure the workforce have an opportunity to have their say about local NHS services through consultation. The frequency and method of engagement can be tailored to the needs of each business.

We also want to help businesses in their efforts to support a healthy workforce. There are opportunities for referral to a wide range of health and lifestyle services.

“What we're after”

“What's the next step?”

We will be working with your employer to create a unique plan for your organisation as well as offering a direct link into the NHS for future support.

Email: HullCCG.Contactus@nhs.net

Tel: 01482 344 700

Twitter: @nhshullccg

Facebook: NHSHullCCG

www.nhshullccg.nhs.uk

WORKING VOICES

Linking the NHS & the workplace

NHS

Hull

Clinical Commissioning Group



“Can we talk about the NHS”

Information for Employees



What's working voices?

Working Voices is an NHS programme which seeks to reach people at work so they can:

Access health & wellbeing support

Have their say

We want employees to have their say about local health services. The NHS has a duty to ask local people about local health services and we want to do as much as we can to share our ideas, plans and issues and get your feedback about them. Will our ideas work? Will we create the kind of services you want or is there a better way? Do you have a solution that will help us solve a problem? Your views matter.

“We want to reach people at work so they can join conversations about local NHS services and tell us what they think.”

We want you to have access to a range of services or information to support health and wellbeing. We recognise that being at work can present difficulties in accessing information about health services and so we hope this partnership between your employer and the NHS will create useful opportunities to help you assess your own health needs.

This is why your employer has applied to be part of the NHS Hull CCG Working Voices programme.

What does it mean?

From time to time we'll ask you to give us an opinion about something health-related. You don't have to join in, but we hope you will want to. Most often this will be via a paper or electronic survey. The NHS wants patients to be at the heart of service planning, but people who work often don't have time to get involved with engagement and consultation activity and their voice is never heard.

“The NHS wants patients to be at the heart of service planning”

We will also be working with your employer to find out what health & lifestyle services or information we can bring into the workplace. This can support your health and wellbeing concerns or help you to maintain a healthy lifestyle.

This may result in health services visiting your workplace to offer support or it may be that we share health information & opportunities with your employer so they can share this with you.



What is a Clinical Commissioning Group (CCG)?

NHS Hull Clinical Commissioning Group is the body which plans and pays for local health services. Our members are local GPs, commissioning decisions are made by our Governing Body of doctors and other health professionals who are supported by a small team of managers.